



Festa: Recipes and Recollections of Italian Holidays

Helen Barolini

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Born of Italian-American parents, Helen Barolini rediscovered her culinary heritage when she married Italian writer Antonio Barolini and lived for some years in Italy. Festa is a year-long feast of memories and delicious, traditional Italian dishes—from St. Nicholas sweetmeats in December and perciatelli with sardines and fennel for March’s St. Joseph’s Day, to figs with prosciutto for summer’s Ferragosto and pumpkin gnocchi for an American Thanksgiving in Italy.



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