



# Dimly Lit Meals for One: Heartbreaking Tales of Sad Food and Even Sadder Lives

*Tom Kennedy*

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*Consider the top image. A plate of chick peas and plain spaghetti, accompanied—we can only assume—by the mournful, haunting wail of a conch.*

Based on the popular Tumblr, this book features never-before-seen photographs of humanity at its lowest culinary ebb, accompanied by tragicomic stories that will either leave you crying with laughter, or just crying. You'll meet a cast of colorless characters trapped in a kitchen hell of their own devising, witness their struggles to fulfill their recommended five a day, and marvel at how much human misery can be heaped onto a single plate. Fuelled by the author's first-hand experience at the dark heart of miserable food photography, *Dimly Lit Meals for One* is the culmination of one man's quest to chronicle the exact opposite of food porn. Bigger, sadder, and funnier than ever before, this book serves up bite-sized portions of hilarity and heartbreak alongside some of the most inept food photography ever seen.



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