



Asperger's Syndrome For Dummies

Georgina Gomez de la Cuesta, James Mason

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Asperger's Syndrome For Dummies covers everything that both people living with the condition and their families need to know. From explaining symptoms and getting a diagnosis, through to overcoming bullying in schools and choosing between the therapy and medical treatments available, this is a complete guide to surviving and thriving with the condition.

Asperger's Syndrome For Dummies includes:

Part I: Understanding Asperger's syndrome (AS)

Chapter 1: Introducing Asperger's syndrome
Chapter 2: Discovering the causes of Asperger's syndrome
Chapter 3: Diagnosing Asperger's syndrome

Part II: Living with Asperger's syndrome

Chapter 4: Enjoying Life with Asperger's
Chapter 5: Getting the most out of education and the workplace
Chapter 6: Finding independence and advocating for your rights

Part III: Supporting people with Asperger's syndrome

Chapter 7: Parenting and Asperger's syndrome
Chapter 8: Relating to adults with Asperger's syndrome
Chapter 9: Creating an AS friendly environment

Part IV: Discovering therapies, medication, diet and environments for AS

Chapter 10: Navigating Behavioural Therapies for Asperger's Syndrome
Chapter 11: Understanding medication and diet in Asperger's syndrome

Part V: Part of Tens

Chapter 12: Ten Organisations to go for help and information
Chapter 13: Ten positives about living with Asperger's
Chapter 14: Ten famous people who probably had Asperger's

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