



# Models of Inpatient Group Psychotherapy

*Virginia Brabender, April Fallon*

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"Models of Inpatient Group Psychotherapy" provides coverage of a wide variety of models, each considered specifically within the context of patient care. With years of experience in conducting groups and training psychotherapists, the authors focus on what works in a range of settings for therapists of various theoretical orientations and levels of experience. For each model, they consider the theoretical underpinnings, characteristic interventions, relevant research, strengths and weaknesses, and demands of the setting, giving particular attention to variables that are unique to inpatient treatment. Using clinical illustrations, the authors demonstrate how the therapist can choose, adapt and implement the model most suited to heighten group experience and achieve group goals.

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