



Iron Chef: The Official Book

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Already a longtime hit in Japan, "Iron Chef" is taking over America-and this is the first and only official guide to "the culinary equivalent of the Friday night fights" (Orange County Register).

Each episode of this "oddly addictive" show features a cook-off between one of the valiant Iron Chefs and a guest chef bold enough to challenge him. With pro-wrestling style theatrics, bad dubbing, and high-intensity plate-by-plate commentary, "Iron Chef" has boiled over into a bona fide phenomenon.

The book-first published in Japan but with added material for the American audience-features full-color photos, an episode guide, recipes, interviews with all the Iron Chefs, and much more. The heat is on...and the fans' mouths will be watering for this authentic insider's guide.

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