



# Manifest Moment to Moment: 8 Principles to Create the Life You Truly Desire

*Tejpal, Dr. Carroll McLaughlin*

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Imagine that you hold in your hands the power to change your reality—that you are capable of creating your highest vision and desire. In fact, you are. *Manifest Moment to Moment* is your guide to setting your intent, determining your soul mission, and realizing your most heartfelt longings. Hands-on and thought provoking, this book invites you to go within and unearth your unique, infinite possibilities. This information is imperative for anyone wishing to change the parameters of his or her life.

Healer and inspirational teacher Tejpal and renowned professor and harpist Dr. Carrol McLaughlin have created eight principles, as well as practical exercises and tools, to enable you to begin successfully manifesting moment to moment. Discover your life purpose, and tap into your limitless potential to achieve your dreams. The place to begin is within. And the time to begin is now!



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