



Love? or Fear?: A Guide To Achieving Peace And Health In Your Relationships

Doug Bartholomew

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For over a quarter century Mr. Bartholomew has been helping men become free from domestic violence and create peace in their relationships. As a trainer, lecturer, and consultant to other therapists, he has evolved this approach to running domestic violence groups which helps the therapist help the client to achieve both behavioral change and clinical goals. This is a professional, compassionate, results-oriented approach to domestic violence which supports growth and change and respects the clinical relationship between the participant and the therapist. This workbook includes the information clients need to know to understand relationships, domestic violence, and the change process, and 26 concise, easy to understand weekly homework assignments leading up to their final commitment to change. It provides the participant with the knowledge and tools to make and sustain that change in a clear but respectful manner.

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