



# **Falling in Love Again: The Mature Woman's Guide to Finding Romantic Fulfillment**

*Monica Morris PhD*

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# Falling in Love Again: The Mature Woman's Guide to Finding Romantic Fulfillment

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When social psychologist Dr. Monica Morris found herself unexpectedly single late in life, the road wasn't an easy one, but she found her way to a new love. In this book, Dr. Morris shares both her experiences and the knowledge she gained along the way, providing an empowering resource for the mature woman looking for romance.

The author first addresses the importance of self-assurance and poise, and offers numerous ways to bolster self-esteem. She then provides dozens of suggestions for finding that special someone, from personal ads to online dating. Included are details about costs, accessibility, and precautions. Dr. Morris even addresses questions regarding sex, living together, and independence. Finally, she provides a resource of services, websites, and organizations designed to help you find a significant other—or to just have fun. Compassionate and practical, *Falling in Love Again* is your guide to finding a new love and a new life.

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