



# Sex and the Spiritual Teacher: Why It Happens, When It's a Problem, and What We All Can Do

*Scott Edelstein*

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*Sex and the Spiritual Teacher* looks at the complex of forces that tempt otherwise insightful, compassionate, and well-intentioned teachers to lose their way--and that tempt some of their students to lose their way as well. It analyzes why most of our current efforts to keep spiritual teachers from transgressing usually don't (and in fact can't) work. Perhaps most importantly, it suggests a set of practices and structures that can build community, encourage healthy student-teacher relationships, increase trust and spiritual intimacy between teachers and their students, and help authentic spiritual teachers stay happily monogamous or celibate. *Sex and the Spiritual Teacher* is for anyone who is or might become part of a spiritual community: students, teachers, clergy, lay leaders, and even casual visitors. It's a reader-friendly, no-nonsense guide to making spiritual life safer and fuller for all of us one person, relationship, and community at a time.



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