



Hungry Girl 300 Under 300: 300 Breakfast, Lunch & Dinner Dishes Under 300 Calories

Lisa Lillien

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It's MEAL-MANIA, HG STYLE! This book features THREE HUNDRED satisfying and delicious recipes for full-on meals. Breakfast, lunch & dinner dishes, plus snazzy starters and sides, that contain less than 300 calories each! In addition to CROCK-POT recipes, FOIL PACKS, and other HG favorites, this book serves up more than SEVENTY-FIVE soon-to-be-famous HG TRIOS: three-ingredient combos that take *easy* to a whole new level! Included are . . .

Bean 'n Cheesy Soft Taco in an Egg Mug

PB&J Oatmeal Heaven

Creamy Crab Cakes Benedict

Classic Cheesesteak Salad

Dreamy Butternut Chicken Foil Pack

Burger-ific Mushroom Melt

Buffalo Chicken Wing Macaroni & Cheese

BLT Pizza

Big Apple Butternut Squash Soup

Loaded Bacon-Wrapped Hot Dogs

. . . And more!



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