



# Duct Tape Parenting: A Less Is More Approach to Raising Respectful, Responsible, and Resilient Kids

*Vicki Hoefle*

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There's a new set of 3Rs for our kids—respect, responsibility, and resilience—to better prepare them for life in the real world. Once developed, these skills let kids take charge, and let parents step back, to the benefit of all. Casting hover mothers and helicopter parents aside, Vicki Hoefle encourages a different, counter-intuitive—yet much more effective—approach: for parents to sit on their hands, stay on the sidelines, even if duct tape is required, so that the kids step up. *Duct Tape Parenting* gives parents a new perspective on what it means to be effective, engaged parents and to enable kids to develop confidence through solving their own problems. This is not a book about the parenting strategy of the day—what the author calls “Post-It Note Parenting”—but rather a relationship-based guide to span all ages and stages of development. Witty, straight-shooting Hoefle addresses frustrated parents everywhere who are ready to raise confident, capable children to go out in the world.



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