



Coaching para la transformación personal (Spanish Edition)

Lidia Muradep

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Un modelo integrado de la PNL y la ontología del lenguaje.

El coaching es un camino para superar limitaciones. Este libro propone recorrer ese camino asistidos por la Programación Neurolingüística –PNL– y la Ontología del Lenguaje, dos modelos poderosos que, integrados, se refuerzan mutuamente y se constituyen en la base de una profunda transformación, tanto personal como organizacional. Quienes asuman este desafío, podrán comprometerse intensamente a su vez en la transformación del mundo, aceptando la responsabilidad por el futuro.

Coaching para la transformación personal es una propuesta teórico-práctica tanto para especialistas como para todas aquellas personas interesadas en aprender, cambiar, crear, innovar y generar un espacio de crecimiento, individual y compartido, como seres humanos libres, completos y felices, y facilitar el mismo proceso en otras personas.



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