



How and Why: A Do-It-Yourself Guide to Sustainable Living (DIY)

Matte Resist

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"I dream of a better world," writes zinester and *How and Why* author Matte Resist in the intro to his new book. He continues, "To me, DIY culture is about grabbing a little piece of that dream." What follows over the course of the next 176 pages is Matte doing what all dreamers must do: waking up from his dream, opening his eyes, and confronting what roadblocks and hurdles lie between him and his goal. Matte does this by laying down chapter upon chapter of blueprints for a better world. A sequel to our do-it-yourself handbook *Making Stuff and Doing Things*, *How and Why* gives us detailed, engaging, easy-to-use info on bicycles, home and garage, gardening, educating children, musical instruments, and the all-inclusive "everything else" section. If you dream of taking back your life and building a better world, *How and Why* might be your new best friend.



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