



Crazy Like Us: The Globalization of the American Psyche

Ethan Watters

Download now

[Click here](#) if your download doesn't start automatically

Crazy Like Us: The Globalization of the American Psyche

Ethan Watters

Crazy Like Us: The Globalization of the American Psyche Ethan Watters

It is well known that American culture is a dominant force at home and abroad; our exportation of everything from movies to junk food is a well-documented phenomenon. But is it possible America's most troubling impact on the globalizing world has yet to be accounted for? In *Crazy Like Us*, Ethan Watters reveals that the most devastating consequence of the spread of American culture has not been our golden arches or our bomb craters but our bulldozing of the human psyche itself: We are in the process of homogenizing the way the world goes mad.

America has been the world leader in generating new mental health treatments and modern theories of the human psyche. We export our psychopharmaceuticals packaged with the certainty that our biomedical knowledge will relieve the suffering and stigma of mental illness. We categorize disorders, thereby defining mental illness and health, and then parade these seemingly scientific certainties in front of the world. The blowback from these efforts is just now coming to light: It turns out that we have not only been changing the way the world talks about and treats mental illness -- we have been changing the mental illnesses themselves.

For millennia, local beliefs in different cultures have shaped the experience of mental illness into endless varieties. *Crazy Like Us* documents how American interventions have discounted and worked to change those indigenous beliefs, often at a dizzying rate. Over the last decades, mental illnesses popularized in America have been spreading across the globe with the speed of contagious diseases. Watters travels from China to Tanzania to bring home the unsettling conclusion that the virus is us: As we introduce Americanized ways of treating mental illnesses, we are in fact spreading the diseases.

In post-tsunami Sri Lanka, Watters reports on the Western trauma counselors who, in their rush to help, inadvertently trampled local expressions of grief, suffering, and healing. In Hong Kong, he retraces the last steps of the teenager whose death sparked an epidemic of the American version of anorexia nervosa. Watters reveals the truth about a multi-million-dollar campaign by one of the world's biggest drug companies to change the Japanese experience of depression -- literally marketing the disease along with the drug.

But this book is not just about the damage we've caused in faraway places. Looking at our impact on the psyches of people in other cultures is a gut check, a way of forcing ourselves to take a fresh look at our own beliefs about mental health and healing. When we examine our assumptions from a farther shore, we begin to understand how our own culture constantly shapes and sometimes creates the mental illnesses of our time. By setting aside our role as the world's therapist, we may come to accept that we have as much to learn from other cultures' beliefs about the mind as we have to teach.

 [Download Crazy Like Us: The Globalization of the American Psyche ...pdf](#)

 [Read Online Crazy Like Us: The Globalization of the American Psyc ...pdf](#)

Download and Read Free Online Crazy Like Us: The Globalization of the American Psyche Ethan Watters

Download and Read Free Online Crazy Like Us: The Globalization of the American Psyche Ethan Watters

From reader reviews:

Jesus Sandiford:

Have you spare time for any day? What do you do when you have a lot more or little spare time? Sure, you can choose the suitable activity intended for spend your time. Any person spent all their spare time to take a wander, shopping, or went to the Mall. How about open or maybe read a book allowed Crazy Like Us: The Globalization of the American Psyche? Maybe it is for being best activity for you. You realize beside you can spend your time using your favorite's book, you can more intelligent than before. Do you agree with it is opinion or you have other opinion?

Melinda Anderson:

Now a day folks who Living in the era wherever everything reachable by talk with the internet and the resources in it can be true or not call for people to be aware of each details they get. How many people to be smart in receiving any information nowadays? Of course the reply is reading a book. Looking at a book can help persons out of this uncertainty Information mainly this Crazy Like Us: The Globalization of the American Psyche book as this book offers you rich info and knowledge. Of course the information in this book hundred pct guarantees there is no doubt in it as you know.

Margaret Thompson:

Are you kind of occupied person, only have 10 or even 15 minute in your time to upgrading your mind ability or thinking skill perhaps analytical thinking? Then you are having problem with the book than can satisfy your small amount of time to read it because this all time you only find book that need more time to be study. Crazy Like Us: The Globalization of the American Psyche can be your answer as it can be read by you who have those short spare time problems.

Suanne Barnwell:

Many people spending their time period by playing outside with friends, fun activity using family or just watching TV the entire day. You can have new activity to spend your whole day by examining a book. Ugh, you think reading a book will surely hard because you have to accept the book everywhere? It okay you can have the e-book, bringing everywhere you want in your Cell phone. Like Crazy Like Us: The Globalization of the American Psyche which is getting the e-book version. So , why not try out this book? Let's find.

Download and Read Online Crazy Like Us: The Globalization of the

American Psyche Ethan Watters #KS56NUMHYV2

Read Crazy Like Us: The Globalization of the American Psyche by Ethan Watters for online ebook

Crazy Like Us: The Globalization of the American Psyche by Ethan Watters Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Crazy Like Us: The Globalization of the American Psyche by Ethan Watters books to read online.

Online Crazy Like Us: The Globalization of the American Psyche by Ethan Watters ebook PDF download

Crazy Like Us: The Globalization of the American Psyche by Ethan Watters Doc

Crazy Like Us: The Globalization of the American Psyche by Ethan Watters Mobipocket

Crazy Like Us: The Globalization of the American Psyche by Ethan Watters EPub