



Fiori di Zucca: Recipes and Memories from My Family's Kitchen Table

Valentina Harris

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This evocative "foodoir"—a piquant blend of cookbook and memoir—relates the unforgettable history of chef Valentina Harris's family, along with a menu of international dishes that have deeply personal meaning for her. Valentina lovingly recalls her virulently anti-fascist grandfather, a former Italian ambassador forced into exile during WWII; parents whose relationship caused a family scandal; her childhood in Tuscany; and the family cook who taught her all about food. These heartfelt memories unfold with 85 recipes, from Braised Cinnamon Duck with Caramelized Pears to Seafood Risotto to Belgrade Almond Cake.

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