



# Creating the Soul Body: The Sacred Science of Immortality

*Robert E. Cox*

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Outlines the principles and mechanics of the soul body, the spiritual vehicle that enables individual consciousness to survive the body's death

- Shows that the ancient Vedic, Egyptian, Hebraic, and Pythagorean traditions shared and understood this spiritual practice
- Reveals modern science as only now awakening to this ancient sacred science

Ancient peoples the world over understood that individual consciousness is rooted in a universal field of consciousness and is therefore eternal, surviving the passing of the physical body. They engaged in spiritual practices to make that transition maximally auspicious. These practices can be described as a kind of alchemy, in which base elements are discarded and higher levels of consciousness are realized. The result is the creation of a vehicle, a soul body, that carries consciousness beyond physical death.

These spiritual preparations are symbolized in the Vedic, Egyptian, and Hebraic traditions as a divine stairway or ladder, a step-by-step path of ascent in which the practitioner raises consciousness by degrees until it comes to rest in the bosom of the infinite, thereby becoming "immortal." This spiritual process explains the reincarnation of the Dalai Lama, for example, whose reincarnation is confirmed in infancy through physical and spiritual signs, indicating that the consciousness has been carried from one lifetime to the next.

In *Creating the Soul Body*, Robert Cox maps the spiritual journey of consciousness behind this sacred science of immortality and reveals the practice of creating a soul body in detail. He also shows that this ancient spiritual science resembles advanced theories of modern science, such as wave and particle theory and the unified field theory, and reveals that modern science is only now awakening to this ancient science of "immortality."



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