



The Good Life Rules: 8 Keys to Being a Better You at Work and Play

Brian Dodge, Matt Rudy

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Bryan Dodge's message is spreading from coast to coast--and transforming lives day by day. With 600,000 radio listeners at Dallas' WBAP--and hundreds of speaking engagements each year, Dodge definitely has something to say. Something that could change your life . . . in 48 hours.

His message is this: the good life is within our reach-- once we know how to find it. His simple but powerful lessons show us the way to find more satisfaction at work and at home, how to embrace change, create upward growth, and focus on the things that really matter. These are *The Good Life Rules*.

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