



The Time Of Your Life: Choosing a vibrant, joyful future

Margaret Trudeau

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In this candid and engaging book, Margaret Trudeau, author of the #1 bestselling memoir *Changing My Mind*, offers women an inspirational and practical approach to creating a healthy, happy, secure and satisfying future life. From dating and online romance to health practices and financial planning, *The Time of Your Life* explores the fundamentals needed for the best future by discussing cornerstone issues such as housing, money, sex, friendship and children.

Always a rebel at heart, Margaret looks at what the experts have to say and weaves through her own point of view, culling insightful and funny anecdotes from her early marriage to Prime Minister Pierre Trudeau when she was a twenty-two-year-old hippie from the west coast of Canada, to her life as a single mom raising three young boys in the often hostile glare of the media spotlight. Margaret's mental health challenges, her decision to leave her second marriage, the devastating loss of her son Michel and first husband Pierre, and her re-invention as a coveted spokesperson and fundraiser make her uniquely qualified to offer her own perspective on the choices women face in their fifties and beyond.

Practical, straightforward and filled with tips and ideas for living a rich life, *The Time of Your Life* is the perfect book for women of all ages.



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Spent a free time to be fun activity to accomplish! A lot of people spent their free time with their family, or their particular friends. Usually they accomplishing activity like watching television, going to beach, or picnic within the park. They actually doing same task every week. Do you feel it? Do you wish to something different to fill your personal free time/ holiday? Can be reading a book may be option to fill your no cost time/ holiday. The first thing that you'll ask may be what kinds of guide that you should read. If you want to test look for book, may be the publication untitled The Time Of Your Life: Choosing a vibrant, joyful future can be very good book to read. May be it might be best activity to you.

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