



# Naturally Selected: Why Some People Lead, Why Others Follow, and Why It Matters

*Mark Van Vugt, Anjana Ahuja*

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Groundbreaking and timely, *Naturally Selected* unravels the mystery of leadership—why some lead, why some follow, and why it matters to every one of us. Evolutionary psychologist Mark van Vugt and science journalist Anjana Ahuja upend the accepted wisdom about leadership and, following in the tradition of Jim Collins' *Good to Great* and Noel Tichy's *The Leadership Engine*, deliver a book with the power to change ordinary lives. *Naturally Selected* teaches leaders to avoid pitfalls and tells followers how to negotiate the foibles of overbearing managers, giving readers a crucial path to achieving happier lives and greater successes.



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