



# **This Is Your Brain on Music: The Science of a Human Obsession**

*Daniel J. Levitin*

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# This Is Your Brain on Music: The Science of a Human Obsession

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**What can music teach us about the brain? What can the brain teach us about music? And what can both teach us about ourselves?**

In this groundbreaking union of art and science, rocker-turned-neuroscientist Daniel J. Levitin (*The World in Six Songs* and *The Organized Mind*) explores the connection between music - its performance, its composition, how we listen to it, why we enjoy it - and the human brain. Drawing on the latest research and on musical examples ranging from Mozart to Duke Ellington to Van Halen, Levitin reveals:

- How composers produce some of the most pleasurable effects of listening to music by exploiting the way our brains make sense of the world
- Why we are so emotionally attached to the music we listened to as teenagers, whether it was Fleetwood Mac, U2, or Dr. Dre
- That practice, rather than talent, is the driving force behind musical expertise
- How those insidious little jingles (called *earworms*) get stuck in our head

Taking on prominent thinkers who argue that music is nothing more than an evolutionary accident, Levitin poses that music is fundamental to our species, perhaps even more so than language. A Los Angeles Times Book Award finalist, *This Is Your Brain on Music* will attract readers of Oliver Sacks and David Byrne, as it is an unprecedented, eye-opening investigation into an obsession at the heart of human nature.

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Reading can called head hangout, why? Because if you find yourself reading a book specifically book entitled This Is Your Brain on Music: The Science of a Human Obsession the mind will drift away trough every dimension, wandering in each and every aspect that maybe mysterious for but surely can become your mind friends. Imaging each word written in a book then become one application form conclusion and explanation which maybe you never get previous to. The This Is Your Brain on Music: The Science of a Human Obsession giving you yet another experience more than blown away your thoughts but also giving you useful details for your better life with this era. So now let us teach you the relaxing pattern at this point is your body and mind will be pleased when you are finished examining it, like winning a. Do you want to try this extraordinary paying spare time activity?

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