



# Person-Centered Approaches for Counselors (Theories for Counselors)

*Jeffrey H. D. Cornelius-White*

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Integrating common factors research and practice, **Person-Centered Approaches for Counselors** by H. D. Cornelius-White highlights the deep social justice roots of the approaches and shows counselors in training and experienced therapists how to integrate person-centered process and outcome measures to improve therapy outcomes. For each of the person-centered approaches covered (including classical, focusing, emotion-focused, intersubjective, and interdisciplinary orientations) this accessible book covers historical development, theory, process, evaluation, and application. **Person-Centered Approaches for Counselors** is part of the SAGE *Theories for Counselors Series* that includes *Psychoanalytic Approaches for Counselors* by Frederick Redekop and *Cognitive Behavioral Approaches for Counselors* by Diane Shea.

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