



# **A Pony in the Bedroom: A Journey through Asperger's, Assault, and Healing with Horses**

*Susan Dunne*

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Susan Dunne's life changed forever when a chance question from a doctor led her back to horses, an unfulfilled childhood passion. Detached and isolated due to undiagnosed autism, Susan had already survived rape, battled eating disorders and self-harm, and spent time homeless, when her world was turned upside again by a vicious, life-threatening assault. Severe post-traumatic stress disorder left her feeling distrustful and more cut off than ever before from a world she saw as confusing and dangerous. But as Susan's connection with horses grew stronger, her world started to open up.

Poignant and witty by turns, Susan shares her story of survival and transformation, offering a rare insight into her relationship with horses, and how they helped her to find a safe place in the world.

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