



Taping and Wrapping Made Simple

Brad A. Abell

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Taping and Wrapping Made Simple is a basic yet comprehensive guide to taping and wrapping. Designed with the beginner or novice in mind, this text introduces the reader to basic anatomy, medical terminology, and general taping techniques. The book begins by introducing essential supplies and terminology and then moves on to the basic foundation in taping and wrapping techniques as well as injury and wound care. The remainder of the book presents simple-to-follow procedures for the lower and upper body.

An accompanying DVD and Website with more than 40 video clips show readers exactly how to perform procedures correctly.

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Maria Blanco:

Playing with family in the park, coming to see the water world or hanging out with pals is thing that usually you could have done when you have spare time, subsequently why you don't try factor that really opposite from that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you already been ride on and with addition associated with. Even you love Taping and Wrapping Made Simple, it is possible to enjoy both. It is excellent combination right, you still need to miss it? What kind of hangout type is it? Oh can happen its mind hangout people. What? Still don't get it, oh come on its referred to as reading friends.

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