



Cooking Light: Annual Recipes

Oxmoor House, Arts Leisure

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Nearly 900 light and healthy recipes from *Cooking Light*, the nation's largest epicurean magazine, can be found in this edition. Taken from a whole year's worth of recipes, this cookbook features a complete nutritional analysis for every recipe, along with time-saving tips and menu suggestions for today's busy, health-conscious cook. The recipes featured range from quick and easy to upscale gourmet, making it possible for everyone to eat healthy and still enjoy great tasting food!

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