



# **The Act of Remembering: Toward an Understanding of How We Recall the Past**

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## The Act of Remembering: Toward an Understanding of How We Recall the Past

The first volume devoted solely to autobiographical memory retrieval, *The Act of Remembering* serves as a primer of ideas, methodology, and central topics, and lays the groundwork for future research in the field.

- Contains new, forward-looking theories from leading international scholars
- Answers questions such as: Do we retrieve memories according to when and where we need them? How much conscious control do we have over what we remember? Why are some people more likely than others to have intrusive 'flashbacks' following a stressful event?
- Pays particular attention to voluntary and involuntary recall

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